

Going LACROSSE the World

Fall 2019 I had an amazing opportunity to study abroad in Thessaloniki, Greece. I studied at the American College of Thessaloniki, which we called ACT and our mascot was the Sparrowhawk. ACT was next to Anatolia Elementary and Middle school and they just happened to be looking for someone to help introduce lacrosse to their students. Missing coaching back



here in the States, I threw my name in to help coach and that was one of the best decisions I made while abroad. I got to work with sweet kids for an hour on Mondays during their elective period and coached with my RA Christina who played for Rutgers Lacrosse team and on the Hellas Lacrosse team in a game held in Israel. I started off with 25 signup spots and by the end, I consistently had 40 boys and girls come. Their favorite thing to do was learn lacrosse tricks and work on shooting. We attempted to learn a behind the back shot, and we mastered the

“Rainbow” lacrosse trick. Not only did I get the incredible and influential



opportunity to coach these marvelous kids, I got to help out during the FIRST International Lacrosse game ever in Greece that was held on ACT's campus. The ACT lacrosse team was made up of a few Greeks and a bunch of the study abroad students from Northeastern University. The Sparrowhawks played against the Bulgarian National Team, and they were BIG men



compared to our lacrosse team made up of freshman and sophomore boys. This was such an exciting experience to be a part of, and it was televised throughout Greece and Bulgaria.

Unfortunately we fell a little short to the Bulgarians, but it was absolute amazing game and an incredible event to be a part of. In the picture below, the Sparrowhawks are in the Hellas blue jerseys and Bulgarians are in white. While I did not play in the game, I participated in practices and of course coaching the littles, I had a Sparrowhawk jersey of my own. The number on my jersey here in the States may have been 13, but my Greek jersey will always read 7. Go Sparrowhawks! Go Hellas! Go Greece! And of course GO RAYS!